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## **Canine Arthritis Risk Factors**

**By: [Margaret Svete](#)**

As the owner of a dog with arthritis, I know how difficult it can be for you and your dog. Even though arthritis can occur in dogs of any breed or at any age, certain factors can greatly increase the risk of your dog developing cancer.

According to Novartis Animal Health the top factors are:

**Genetic predisposition.** You may be surprised to learn that up to 70% of certain breeds including Labradors, Golden Retrievers, and German Shepherds will eventually be affected with canine arthritis.

**Obesity:** Overweight dogs tend to develop arthritis years three years earlier than lean dogs so it is important to make sure that you control your dog's weight.

**Joint Abnormalities:** Conditions such as hip dysplasia put extra stress on animal's joints, increase a dog's risk of arthritis. In addition if your dog has surgery such as a knee replacement surgery, like my Wanda did, your dog will likely develop arthritis around that joint.

**Stress and Trauma:** Injuries to ligaments, tissue and bones, and constant physically demanding activities also increase the risk by putting pressure on joints. To alleviate this, you can invest in a dog ramp or steps.

**Infection:** Bacterial, viral and fungal infections, including Ehrlichiosis, Lyme Disease, and Rocky Mountain spotted fever can affect joints and contribute to arthritis.

If your dog is diagnosed with canine arthritis, you have several options of treatment. Canine arthritis treatments include exercise, diet, supplements, and/or pain control medication. For more information on canine arthritis, visit <http://www.allaboutdogcare.com>.

Margaret Svete, best-selling author, television and radio personality, and dog rescuer helps dog owners discover easy dog care tips. Subscribe to the premiere dog care ezine, The Dog Enquirer, at <http://www.allaboutdogcare.com>

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## **Tips on Assisting Aging Pets Suffering from Arthritis**

**By: [Alecia Evans](#)**

Arthritis seems to be synonymous with aging for animals just like humans. As you or your pet gets older, you are more than likely to have to deal with the debilitating effects of arthritis. Some say the Western medical world has a difficult time explaining, let alone curing, arthritis. Chinese Medicine, on the other hand, looks at arthritis in terms of energy stagnation, which tends to pool at or around the joints in the body, leaving one with the feeling of limited range of motion. Expanding on this definition, Chinese Medicine says our energy system runs along certain energy pathways, much like a train running through a subway system. When our energy becomes sluggish or stagnant, it pools and it slows everything down, which can cause a build up and actual physical hardening in certain areas of the body. This is what happens in the case of arthritis, the body fluids tend to become dense and deposit themselves in the areas of the joints causing animals to have a harder time moving.

Most of us are aware of at least one of the common Western ways of managing animal arthritis with the use of Glucosamine, Chondroitin, MSM supplements, anti-inflammatory drugs such as Rimadyl (suspected of being toxic to the liver) and exercise. If you explore some natural alternatives you may find that these alternatives may assist your animal in easing, or possibly eliminating, the effects of arthritis on their bodies.

So how can we solve the effects of arthritis using alternative therapies? First, assist your animal's energy to flow naturally and smoothly: feed your animal (dog or cat) a diet consisting of dry and wet food in a 50-50 ratio. Dry foods alone tend to cause damp heat in the body and can eventually lead to stagnation, a leading precursor to arthritis. If your animal is in declining health, or you simply wish to help them revitalize their body, then try feeding a proper raw diet with proper supplementation (magnesium, phosphorous and enzymes are a must). This type of diet can be an excellent option to assist in revitalizing health and lessening the effects of arthritis as well as a host of other diseases.

If you have a very active animal, or an animal that has suffered an injury, have your animal adjusted by a qualified animal chiropractor a few times a year. Chiropractic care helps keep your animal's body in alignment and reduces wear and tear on their joints.

Invest in a whole food micro algae supplement, as algae are highly effective scavengers and play an important role in reversing some of the effects of arthritis.

Finally, this may be something you may be able to do at the first sighting of stiffness or compromised mobility, begin regular acupuncture treatments so that stagnant energy does not have time to pool and become a problem. Acupuncture works to get energy flowing. Although arthritis can be a problem for aging pets, you now have some tools to try to effectively slow down arthritic effects and help your animals move through aging easier.

**Alecia Evans** is a nationally recognized Animal Wellness Consultant. She recommends [pet supplies](#) and writes pet problem solving articles for <http://www.ChoicePetProducts.com> Visit her at <http://www.AllBeingsEqual.com>

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## Cat Arthritis

By: [Niall Kennedy](#) ★

Cat arthritis is not a very common ailment among healthy cats. Most arthritis found in cats is from an accident that has made the bones or joints weak. Arthritis is an inflammation of the joints and there is more than one type of arthritis that can affect your cat.

Cats usually suffer with two different types of arthritis. The first one being traumatic arthritis, this is brought on by an injury. It could have been a fight with another animal or even being hit by a car. Osteoarthritis is when a joint just quits working properly and new bone is growing around the joint. Many older cats have this type of arthritis and can be brought on from numerous accidents including dislocations of their joints or even fractures.

Traumatic arthritis does not usually last but can be very painful, if it is more or less a sprain. But, if it involves a fracture then the pain can last a longer time and may even need surgery to heal the fracture or dislocation.

As in the case of Osteoarthritis the pain is severe and your cat will need some relief from the pain. If your cat is overweight the pain can even be more severe.

Talk with your veterinarian if you do believe that your cat does have a type of cat arthritis. Your cat will enjoy life more and be able to chase those mice again if treatment is regular. It is no fun to play and jump and be a cat when they are in severe pain. The longer your cat sits around in pain the stiffer the joints will become. The pain will then increase with every step they take. Be sure to get the treatment your cat needs so they can enjoy life once again.

Niall Kennedy

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## Arthritis And Animal Assisted Therapy

By: [Echo Wang](#) ★

Do you know that animals can help people with arthritis? It is true. Many people suffer from arthritis each day and with the help of a pet, they can get the emotional and the mental support that they need to get them through. It is amazing at what a person can get help with and when they are serious about recovering, they will be able to get back on track with the help of their pets.

Having arthritis is going to be very hard for many people. It is something that is very frustrating because a person is not going to have the movement that they once had before. It is sometimes going to be difficult to do the things that they once did and it is painful to say the least. Sometimes a person will want to have animal assisted therapy so that they can get the recovery that they want and make sure that they are on the right track with their rehabilitation.

When a person is suffering from arthritis pain in their hands, having a dog or cat to brush can sometimes help a lot. With the use of a good pet, brushing them out from time to time or on a daily basis can be a great source of treatment. It is nice to be able to move the hands in a motion that will make the person feel good and also allow them the opportunity to make the dog feel better too. This is a good way to get started with a great recovery process for any person that wants to get their feeling back and do the things that they once did.

Many people have arthritis pain in their joints like the leg or arms. Having an animal assisted therapy program to help with this is a great resource. A person can enjoy taking the pet for a walk and getting out to enjoy the fresh air and sunshine from time to time. It is a great excuse to be moving around and getting the good exercise that is so important to a fast and speedy recovery no matter what the pain is coming from. When a person is faced with the fear that they will lose mobility, they can turn to the animal assisted therapy program to get their arthritis under control and help them cope with the pain.

Having options is the best idea that anyone can have in their life when they are dealing with arthritis. Getting the right type of treatment is going to make it possible to get on the right path and make sure that a body is moving and motivated so that the healing process can be possible for any type of person. Arthritis is something that can happen to a person of any age, old or young. It is always a good idea to have options and to think about the good that can come from an animal assisted therapy program.

Discover How AAT Can Help You Lose Weight, Overcome Phobias, Treat Your Addictions AND Help You Take Responsibility For Your Life In A Positive, Non-Invasive And Easy-To-Follow Way, more information about Animal assisted therapy, please visit [Animal Assisted Therapy](#)

## **Arthritis in Pets**

**By: [Beverly Maniago](#) ★**

Lameness and loss of mobility in pets can be taken as symptoms of an arthritic condition. Osteoarthritis is the most common form of arthritic ailment in both humans and animals but consulting with a veterinarian may introduce you to other forms of arthritis that your pet may be suffering from.

### Types of Arthritis in Pets

**Osteoarthritis** – The most prevalent form of arthritis, osteoarthritis is associated with a the deterioration of cartilage in the joints often owing to ageing and normal wear and tear from strenuous and repetitive activities as well as traumatic injuries involving the joints. Affected joints are usually the weight-bearing joints such as the knees and hips but may affect other bodily joints as well.

**Auto-immune Arthritis** – This is a type of arthritis commonly associated with rheumatoid arthritis where the animal's immune system wrongly attacks the body's joints causing the inflammation of the joints' synovial membrane.

**Acute Traumatic Arthritis** – Unlike osteoarthritis which is often a slow progressing joint disease occurs as a consequence of traumatic injuries to the joints. Loss of mobility due to pain and inflammation is often taken as a symptom. In most cases, surgical therapy is suggested or required to prevent the onset of permanent osteoarthritis.

**Hypertrophic Arthritis** - Generally a result of traumatic injuries or osteoarthritis, hypertrophic arthritis is signified by the formation of bone spurs in the animal's joints as a result of eroded cartilages. Bone spurs affects the animal's mobility because of pain which results from the friction produced as bones rub one another.

**Shoulder Degeneration** – Sluggishness in pets in performing usual and easy activities may be signs of shoulder degeneration. This type of arthritis affects the sliding joints of the shoulder and has multiple causes but is often due to joint injuries or the proliferation of infectious agents eroding the cartilage of the joints in the shoulders

**Hip Dysplasia** - A common derivative of osteoarthritis, the condition affects the hip joints of the animal owing to injury, wear and tear or infection.

**Knee Stifle and Knee Dislocation** – Lameness signals these two conditions. The former is caused by an injury in the animal's knee joints due to torn ligaments causing the body part to weaken with continuous use. Lack of treatment may result in the dislocation of the kneecap or malformation that leads to the second condition and will severely impair the animal from moving with usual ease.

## Common Treatments of Arthritis in Animals

The most ordinary treatments have to do with palliative drugs known as NSAIDs (non-steroidal anti-inflammatory drugs) that swiftly reduces and relieved pain. Though widespread use of NSAIDs along with corticosteroids is believed to alleviate the signs of arthritis in both pets and humans, it does little to no help in treating the ailment and is more often than not coupled with gastrointestinal side effects.

Modern scientific research introduced sufferers of arthritis to dietary supplements that have glucosamine and chondroitin sulfate in its formulation. An example is Flexicose Liquid JointCare for Pets that combines the two ingredients. Anecdotal evidences and some clinical trials have shown the efficacy of Flexicose's dietary supplement. Glucosamine has been known to aid in the building and repairing of joint cartilages with the help of chondroitin. Moreover, Flexicose Liquid Glucosamine also relieves pain and inflammation with its anti-inflammatory ingredients such as yucca and bromelain.

Try Flexicose Liquid JointCare for Pets for healthier joints in your pet:

<http://www.flexicose-usa.com>

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## Canine Arthritis Treatment (Or Treating Your Dog For Arthritis)

By: [John Coutts](#) ★

Canine arthritis treatment, or dog arthritis treatment, involves pretty much the same steps as similar treatments for humans. Dogs can get many of the same arthritis conditions that we get, and it hurts just as much and causes the same amount of disability too.

There are a number of signs that indicate that your dog may have arthritis and require canine arthritis treatment. These include:

- \* Your pet having less enthusiasm for walks, and being less inclined to climb up a flight of steps.
- \* The joints being visibly swollen.
- \* The apparent lameness gradually appearing in one or more of the legs.
- \* Stiffness of the limbs becoming more apparent in the mornings than later in the day.
- \* Your dog experiencing pain when weight is applied to the joints, such as when standing up after lying down for a long period of time.

There are other possible signs of canine arthritis, but these are the most commonly observed. The first thing you can do if your dog is overweight, as many of our pets are, is put the dog on a diet. A slimmer animal weighing less will alleviate much of the problem. It is also important to ensure that your dog has plenty of exercise, but obviously don't overdo it, or cause further discomfort in the pursuit of making him or her better.

One drug-free canine arthritis treatment is acupuncture. This has been known to provide significant pain-free results for pets, and success in this respect would also negate the need for drugs with all their possible side effects.

Certain herbal medicine treatments have also known to work well in dogs. These are usually designed to provide a more holistic approach to the problem, which is often very popular with the owners as well. So, if your dog develops signs of canine arthritis, don't immediately think of drugs. There are a number of possible alternatives that give good results that your dog will thank you for.

Visit <http://www.chronicjointpain.info/> for more tips and resources about [canine arthritis treatment](#) where John Coutts, the author of this article, has a site that gives you all the information you need.

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## **Glucosamine for Cat Arthritis: Is It Safe?**

**By: [Barbara Allan](#)**

With the potential to repair damaged joints and slow the progression of arthritis, glucosamine has become an immensely popular dietary supplement around the world. In 1999, it was the top-selling dietary supplement in the United States, with annual sales of US \$288 million.

Since glucosamine works so well for human arthritis, it is natural to ask: “What about cat arthritis?” Is it safe? Is it effective?

The answer: Yes, it appears to be both safe and effective.

The main safety concern comes from animal studies in which large amounts of glucosamine were given to rats and other animals intravenously, for short periods of time. Under these extreme and usual conditions, it tended to decrease insulin levels and/or induce insulin resistance. When researchers tested humans with large amounts of intravenous glucosamine, the same thing happened. Hence a concern arose that it could cause diabetes or make diabetes worse.

Normal therapeutic doses of glucosamine given orally have never been shown to have an adverse effect on insulin levels, insulin resistance or blood sugar levels. Even in diabetic rats and type 2 diabetic humans, normal therapeutic doses taken orally have been shown to have no significant effect on insulin, insulin resistance or blood sugar levels.

Cosequin is the brand name of a glucosamine and chondroitin formulation made to treat dog arthritis, cat arthritis and horse arthritis. It is taken orally and appears to have an excellent safety record.

Cosequin has been seen to have an excellent safety profile. In safety studies, Cosequin given at twice label recommended levels for 30 days in healthy cats had no adverse effects on blood sugar levels. No clinically significant effects were seen on any biochemical parameter in these studies.

Although no change in blood sugar control would be expected for a diabetic cat, as with the addition of anything new to a diabetic’s regimen, it is advisable to monitor closely.

Barbara Allan is publisher of the website [ArthritisArticles.org](http://ArthritisArticles.org) where expert authors provide info on [arthritis treatment](#) and more. Click here for more information on [glucosamine](#).

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## **Arthritis In Dogs**

**By: [David Beart](#) ★**

Our pets experience many of the same maladies as we do. One of the more prevalent physical ailments in dogs is arthritis. Dogs will experience joint pain, stiffness, and fatigue; these symptoms are also found in humans who have arthritis. Here is some information on arthritis in dogs.

### Symptoms

Dogs will develop the symptoms of arthritis as they age. The most prominent symptoms are joint pain and stiffness. The dog will have difficulty getting up from a lying position or walking for long distances. The dog may limp or hesitate to climb stairs. The joints may be deteriorating with age, or they may be inflamed. The symptoms of arthritis can be alleviated with medication, exercise, and diet.

### Medication

Prescription medication can alleviate arthritis in dogs faster than exercise and diet. Veterinarians can prescribe medications that alleviate pain and reduce inflammation. Some of the drugs currently being prescribed are Deramaxx, Metacam, Rimadyl, and Zubrin. These medications are available only through a veterinarian's prescription, and they have been proven to be safe for long-term use. Medication will not provide a complete cure for a dog's arthritis; however, it will improve the quality of the dog's life, replace pain with comfort, and result in a happier, more content animal.

### Exercise

When dogs experience arthritis, exercise is recommended to keep the animals' joints limber and flexible. In addition, exercise provides weight control for older dogs, as they tend to acquire weight with age. Veterinarians recommend that owners who have dogs with arthritis give them light, limited exercise. The animal can withstand brief walks lasting about 15 to 20 minutes on flat surfaces. Walks can occur every two or three days. Energetic, strenuous activity should be avoided, and, if possible, dogs with arthritis should be walked on soft surfaces, such as grass or wet sand.

### Diet

Diet is important for animals, regardless of their health. Dogs that experience arthritis should not be overweight because excess pounds can aggravate arthritic symptoms. In addition, a healthy diet can help sustain dental health. Two of the most popular and effective products are Iam's Weight Control and Science Diet Oral Care. Iam's products are sold in grocery stores, pet stores, and veterinarian's offices. Science Diet products are sold in pet stores. In addition, Purina makes a dog food called JM Joint Mobility; this

product is produced for dogs with arthritis, and it contains supplements that promote joint health.

An owner of a dog with arthritis can take a proactive approach to helping his or her pet. The owner can provide a comfortable, easily accessible place to sleep. Information on pet beds can be obtained from pet stores and on the internet. If the dog is living in an area with a cold winter climate, a heating source such as a space heater can help alleviate arthritic symptoms. Some dogs like to sleep under blankets, and they will make use of an old bedspread or comforter. Wearing a coat in inclement weather (cold, rain, or snow) will help alleviate the dog's joint pain.

When an owner suspects that a dog is developing arthritis, it is recommended that they make an appointment with a veterinarian for a diagnostic checkup, medication, and home-care recommendations. A prompt appointment will prevent unnecessary pain and discomfort. Also, it will maintain and prolong the dog's quality of life.

David Beart is owner of the [Professors House](#), a site dedicated to family, relationships, [dog health](#), and household issues.

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## How To Effectively Deal With Canine Arthritis

By [Ashley Cloverdale](#) ★

Canine arthritis is inflammation in the joints of your dog. There are many forms of canine arthritis, the most common being osteoarthritis. Signs of arthritis in dogs include:

- Steady onset of lameness in one or more leg
- Dog less disposed to go for walks and may be unwilling to ascend stairs
- Onset of stiffness being worst in mornings and improving as the day progresses
- Difficulty sitting or standing
- Pain on palpation of the joints
- Joints may be swollen and inflamed
- Audible "clicking" when walking
- Change in behavior that seems to indicate pain

As our dogs get older they experience the aging process just like we do. Rarely do we know these changes are taking place, they are so subtle at first. Canine arthritis, like the human form of the disease, is prevalent and varied in its causes. Many older pets that are "stiff" are actually experiencing arthritic symptoms.

Arthritis doesn't discriminate. If your dog displays symptoms of arthritis for more than two weeks take him to your veterinarian for an evaluation, which will involve a physical exam and possibly x-rays. Treating canine arthritis is similar to that of human osteoarthritis. However, you should never give your dog human medication without first checking with your veterinarian.

A degenerative joint disease (DJD), osteoarthritis is a progressive, incapacitating disorder typified by a loss of cartilage and the death of cartilage-producing cells. The disorder is most often found in the hip, although it can occur in any joint. DJD occurs secondarily to trauma, nutritional disorders and infections in most cases. It is common in middle-aged to geriatric dogs.

An estimated 20% of dogs in the US are affected by osteoarthritis. It can be difficult for you to notice its onset in your dog, because it is a slowly progressive disease. Veterinarians who think a dog has osteoarthritis will usually start by examining any aberrations in the dog's way of walking, feeling the joint for enlargement or swelling, and noticing a reduced range of motion.

Certain risk factors increase a dog's vulnerability to arthritis, although the disease can affect dogs of any age or breed. According to the veterinarians at Novartis Animal Health, these include:

- Genetic predisposition
- Obesity

- Joint abnormalities
- Joint stress and trauma
- Infection

If you suspect that your dog may be in pain or suffering from canine arthritis, you should bring it to your veterinarian's attention.

Want more information on <http://www.fithappypet.com/?p=8>

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## How To Help a Dog Suffering With Arthritis

By: [Bruce Dinger](#) ★

Is your beloved dog suffering with arthritis? There is no cause for worry as you can get the right medical aid with natural treatments for your dogs.

First, however, it is essential that you are properly informed of what arthritis is all about. You must know how your dog became infected with the disease and how he or she can recover quickly.

The immediate response of many dog owners that have discovered that their dog is infected with arthritis is to go the nearest veterinary. Though this is good, you need to be aware that there is a better alternative to the problem of arthritis in your dog. The solution is natural treatment for dogs with arthritis.

Not many people are informed about natural treatments for dogs with arthritis. It is not as complicated as many thought. And also, there is nothing diabolical in it. It is just an alternative solution to the medical aid we get from our doctors.

What is arthritis and how does it affect your dog?

The inflammation or swelling in a joint is referred to as arthritis. The causes include the following:

- Abnormal bone or joint development
- Instability of the surrounding ligaments and tendons
- Damage to joints
- Infection
- Injury caused by immune system

Though there are anti-inflammatory medicines in the market for the treatment of arthritis, there is a better approach to its treatment. The approach is a natural treatment for dogs.

The following are tips that will greatly assist your ailing dog with arthritis.

- It is essential that you have your dog placed on slip-free flooring. A slippery floor will not be of help in the treatment of arthritis in your dog. This is because your dog needs to have a firm grip on the floor while recuperating. It is therefore recommended that you have a rug or carpet in place.

- Swimming has been discovered to be of great help in the treatment of arthritis in dogs. Swimming is a no-weight bearing activity that will help your dog recover quickly from arthritis. It is advisable that the swimming is monitored so that the dog doesn't drown in the pool. Swimming will help exercise all the parts of the body of your dog.

- It is recommended that you give your dog a soft bed in the quest for recovery. Your dog needs all the rest he or she could get on a soft bed that can cushion its ailing body. Just like a slippery floor is detrimental to your dog's recovery, a hard bed is not ideal for him either.

- A peaceful and quiet environment is what your dog with arthritis needs to recover from the disease. Let your children be informed of this as your lovely dog may not be tolerant of their noise and playfulness while recuperating.

- A good massage could also be what your ailing dog needs to get off arthritis. A gentle massage from you might provide the much needed assurance of your love for the dog. But if you cannot do it for some reason or other, it is advisable that you employ a professional animal massage therapist to do the job for you. The massage will increase flexibility, blood circulation, and calmness which go a great length in giving your dog the good health he or she deserves.

Above all, you must be aware that recovery of dogs with arthritis takes a while. Hence, it is worthwhile giving them that extra attention that they need.

Give enough time to your dog as he or she recovers from arthritis. A natural treatment for dogs with arthritis is

highly recommended when you can't afford the huge fees charged by veterinary doctors out there.

For more information please visit [http://www.five95ebooks.com/Natural\\_Dog\\_Care.html](http://www.five95ebooks.com/Natural_Dog_Care.html) and see how you can learn more about caring for your dog naturally. To see our growing list of other \$5.95 eBooks, please visit <http://www.Five95eBooks.com> where all products are always, and only, \$5.95 or less.

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## Glucosamine For Dog Arthritis - Does It Really Work?

By: [Niva Gordoe](#)

Some say dogs are the best companion anyone could have while others say they are family. That's the kind of feeling people share with dogs and this is one relationship that does not take into considerations any geographical boundaries, race or creed. German dogs like the German Shepherd and Doberman Pinchers are some of the best guard dogs while the Labrador and the Golden Retriever are treated as the best family dogs.

But a dog comes for a price. He/she is as much susceptible to diseases and other physical ailments or problems as we are. One of the most concerning dog health problems is arthritis in dog. Dog arthritis occurs due to inflammation in the joints and can be divided into two categories: degenerative arthritis and inflammatory arthritis.

The degenerative arthritis or joint disease is also known as osteoarthritis and occurs in dogs when the cartilage starts to degenerate at a rapid pace. The inflammatory joint disease occurs when there is an infection in the joints or there is an immune-mediated disease called as like dog rheumatoid arthritis. This type of immune arthritis in dog can affect multiple joints and is accompanied by anorexia and fever.

There are various dog arthritis treatments available, but the best treatment for dog arthritis is glucosamine. Basically, there are two types of Glucosamine supplements. They are Glucosamine HCL and sulfate. The amount of glucosamine that can be given to your dog depends on the physical condition of your dog.

After many researches about dog arthritis medication, recent studies suggest that liquid glucosamine is better than glucosamine tablets. The reasons include: 1) Liquid glucosamine has many higher absorption rates than solid glucosamine; 2) Liquid glucosamine has much better effectiveness to treat arthritis in dog than glucosamine tablets. If your dog is suffering from dog arthritis like dog rheumatoid arthritis, it is highly recommend to get liquid glucosamine for your lovely dogs. Don't delay.

Niva Gordoe is a chief editor for [pet care website](#) that help you to find best pet services and pet products with low price. You can find details how to use liquid glucosamine to [cure dog arthritis](#) effectively and quickly.

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## The Holistic Approach To Treating Arthritis in Dogs

By [Danni Vickers](#) If your dog is suffering from arthritis or is in the beginning stages of arthritis, there is help! If you are not sure of signs of arthritis in dogs this article will help you better understand what arthritis is and common signs of arthritis in dogs.

Arthritis is an inflammation of a joint that causes pain, swelling and stiffness. Arthritis is also known as osteoarthritis or degenerative joint disease. Joints commonly affected with arthritis include the knee, ankle, elbow, shoulder, and the hips. The joints between the vertebrae of the backbone also can develop arthritis.

The physiological changes that occur in pets are virtually identical to those of the human body. Essentially, it is the "breakdown" of the (protective) cartilage that covers or protects the ends of bones at the joint. Arthritis in dogs can be hereditary and can also be caused by trauma.

Arthritis can happen to any age dog, however adult dogs are more prone to dog arthritis. Dogs with arthritis normally display signs of limping, difficulty rising from a resting position, personality change, sensitive to touch, and may be reluctance to climb stairs, run, or even walk.

If your dog shows any of these signs there is a healthy alternative to costly vet bills and drugs. A daily joint supplement may be the perfect answer. Even if your senior dog is not showing any signs of arthritis, a daily supplement may be a great way to prevent future arthritis with a holistic approach instead of high doses of pain medication and inflammatory drugs often used for treatment.

A dog supplement NuJoint Plus offers a suffering dog relief from inflammation and pain while minimizing side effects that many prescription drugs carry.

Here are several common questions asked by dog owners:

### **How should I treat a dog with arthritis?**

There are a number of choices for treating pets with arthritis. We have found NuJoint to work well for dogs of all ages suffering with arthritis and as a preventive for senior dogs. NuJoint Plus offers a solution to preventing and helping treat arthritis in dogs.

### **My vet wants to put my dog on steroids, is that a good idea?**

Drugs such as corticosteroids and non-steroidal anti-inflammatory medications are not typically harmful when used correctly. However, when trying to do the most natural and holistic thing for your dog, it would be wise to consider all options before using steroids to treat dog arthritis.

### **My dog does now show any signs of arthritis, but I am worried about that later down the road. Should we supplement our dogs diet now?**

If your dog is not showing any signs of arthritis a daily dog supplement such as NuVet Plus would work great to increase your dogs over all health and work as a preventative and protect your dog from free radicals.

To get help for your dog suffering with arthritis visit  
<http://www.dogvitaminsupplement.com>.

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## **Arthritis In Dogs - Tips To Prevent This Crippling Canine Disease**

**By: [Suzi Sevcik](#) ★**

Arthritis is a general term for abnormal changes to a joint. Arthritis can occur when joint tissue is damaged from an infection, from congenital defects that affect the structural integrity and from stress and trauma to joint surfaces and supporting structures.

Typical signs are dogs that are more careful getting up & laying down, walking up & down stairs more gingerly or at a more advanced state, limping. Arthritis affects larger breed dogs more than smaller breeds.

While it's impossible to completely prevent this disease, there are steps you can take to keep your dog from being completely debilitated by it. The first step is to keep your dog fit and healthy. This means keeping them at a healthy weight with the correct amount of exercise. Extra weight on dogs increases the pressure on their joints & causes damage. A moderate level of exercise has the same benefits for dogs that it has for humans. It keeps their bones strong, their muscles conditioned, and their joints proper lubricated.

In addition to keeping your dog fit & healthy, there are many types of supplements you can feed your dog to increase their joint cartilage. Glucosamine & Chondroitin are two of the more popular choices. Consult with your vet on what products they recommend for your dog.

Arthritis doesn't have to slow your dog down, take steps when they're younger to prevent the irreversible damage caused by arthritis.

Suzi Sevcik is the creator of <http://www.dogvetcare.com> a site dedicated to providing dog owners with expert advice on care for their four legged member of the family. For more articles on care for your dog, see <http://www.dogvetcare.com/articles/> You can reach Suzi by email at: [suzi@dogvetcare.com](mailto:suzi@dogvetcare.com)

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## [Articles On Other Types Of Arthritis](#)

Arthritis Report-How To control Your Arthritis

[http://www.arthritispainbegone.com/How\\_to\\_Control\\_Your\\_Arthritis.html](http://www.arthritispainbegone.com/How_to_Control_Your_Arthritis.html)

Osteoarthritis (Wear and Tear)

[http://www.arthritispainbegone.com/What\\_is\\_Osteoarthritis.html](http://www.arthritispainbegone.com/What_is_Osteoarthritis.html)

Rheumatoid Arthritis

[http://www.arthritispainbegone.com/What\\_Is\\_Rheumatoid\\_Arthritis.html](http://www.arthritispainbegone.com/What_Is_Rheumatoid_Arthritis.html)

Juvenile Arthritis

<http://www.arthritispainbegone.com/Juvenile.html>

Herbal Remedies for Arthritis

[http://www.arthritispainbegone.com/Herbal\\_Remedies.html](http://www.arthritispainbegone.com/Herbal_Remedies.html)

Psoriatic Arthritis

[http://www.arthritispainbegone.com/what\\_is\\_psoriatic\\_arthritis.html](http://www.arthritispainbegone.com/what_is_psoriatic_arthritis.html)

Arthritis AND Diet

[http://www.arthritispainbegone.com/Arthritis\\_and\\_Diet.html](http://www.arthritispainbegone.com/Arthritis_and_Diet.html)

Arthritis Symptoms

[http://www.arthritispainbegone.com/what\\_are\\_arthritis\\_symptoms.html](http://www.arthritispainbegone.com/what_are_arthritis_symptoms.html)

Gouty Arthritis

[http://www.arthritispainbegone.com/Gouty\\_Arthritis.html](http://www.arthritispainbegone.com/Gouty_Arthritis.html)

Arthritis and Exercise

[http://www.arthritispainbegone.com/Arthritis\\_Exercises.html](http://www.arthritispainbegone.com/Arthritis_Exercises.html)

Amazing Arthritis Relief

<http://www.arthritispainbegone.com>

A handwritten signature in blue ink that reads "Stacynth Allen". The signature is written in a cursive style with a large, prominent 'S' at the beginning.